



April 7, 2020

Hi Second Grade Friends!

How has your week been going? Every day I've been finding ways to be a peacemaker. How have you been a peacemaker? Remember the wrinkled heart activity from last week? My family and I have been working on keeping the heart smooth but we made some mistakes!

Yesterday, my brother took my markers without asking and then lost them. They were brand new! I was so mad! I said, "You stole my markers, you baby". What should I have said or done? Yes! **Stop and Think!** Remember how we learned about **I Feel** Statements? Can you read the I Feel Statement with me?

I feel_____ **when you**_____. **I want**_____.

What could I have said? "I feel mad when you take my markers. I want you to help me find them."

And guess what? My brother and I looked around the house for my markers and we found them under the couch! Yeah!

I had lots of different feelings this week: sad, angry, happy, excited, sad, frustrated, proud, scared, tired and bored. How are you feeling? Remember, it helps when you talk about those feelings to someone who will listen.



I found another YouTube activity for you to enjoy: "Identify the Emotion..." <https://www.youtube.com/watch?v=7uY2HrQ9qQ8>

Until we visit again next week, be kind and remember to be a peacemaker!

-Wagner

